

# A NEW LIFE RISING



Every Morning is a Chance at a New Day

Marjorie Hinkley

**“A New Life Rising,” Your Personal Journal For Your  
Road to Success.**

# **Your Vision Journal**

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# **YOUR VISION JOURNAL**

**“IF YOU DO NOT WRITE IT DOWN IT MAY NEVER HAPPEN.”**

1. How would you like to feel from now on? Visualize what that looks like in your mind. (WRITE IT DOWN) Feel it!

# **YOUR VISION JOURNAL**

2. What do you want your life to look like from now on into the future.

# **YOUR VISION JOURNAL**

3. What would you like to accomplish that would excite you, and how does that feel as you visualize it?

# **YOUR VISION JOURNAL**

4. How will you feel when you succeed ? See it - Feel It - Write it Down.

# YOUR VISION JOURNAL

5. What does happiness look like to you right now?

5 -A) Visualize your home....What will it look like?

# YOUR VISION JOURNAL

5 - B) Visualize your partner loving you.....How does it feel to love them too?

5 - C) How will you treat your Children - Visualize them happy playing with you.



# **YOUR VISION JOURNAL**

Now visualize what your success and happiness feels like when you wake up in the morning.

Smile in the mirror - see your eyes sparkle.

Feel yourself hugging your partner.

Hear "I LOVE YOU" from your child.

# **YOUR VISION JOURNAL**

Do you see the new you yet?

Don't stop until you see the new success for you and visualized it clearly!

Read these pages of your journal 5 times a day for 100 days and at least once a day after that. This will cut a new groove in your mind for a positive, honest program that will guarantee your happy successful life.

# **THE PLAN TO ACHIEVE YOUR VISION**

## **THE TRIP**

THE FIRST THING about a trip is to know where you are going. If you do not know this you will surely get lost. By now you have a good idea of where you want to go.

A plan (roadmap) is crucial particularly when you come to detours. With a map (plan) you can always get back on the right route again, without it you may get lost.

Where do you want to end up ( what is your success)?

# **THE PLAN TO ACHIEVE YOUR VISION**

What tools will you need to get to your destination? Trade School, College, apprenticeship, financing, equipment, ect.

# **THE PLAN TO ACHIEVE YOUR VISION**

What steps will you take in what order will you take them to get to your goal?

# **THE PLAN TO ACHIEVE YOUR VISION**

Now stop and visualize your trip and write down what you see.

# **THE PLAN TO ACHIEVE YOUR VISION**

How will you overcome roadblocks ( failures ) “Fail your way to success”  
sometimes what we learn speeds things up.

# **THE PLAN TO ACHIEVE YOUR VISION**

How will you know when you get to your goal? (Review your vision Journal)

What's the next adventure for you?

Remember, it is very important to read your VISION JOURNAL everyday until it becomes your reality.

**“It's only a dream until it is written down then, it can be a reality”.**